



DEPARTMENT OF HEALTH AND HUMAN SERVICES

AGING AND DISABILITY SERVICES DIVISION
Helping people. It's who we are and what we do.



MEETING MINUTES

Name of Organization: Nevada Lifespan Respite Care Coalition (NLRCC)

Date and Time of Meeting: Monday, June 21, 2022
10:00AM

Place of Meeting: **TEAM'S MEETING**

NOTE: Items on this agenda may be taken in a different order than listed. Two or more agenda items may be combined for consideration. An item may be removed from this agenda or discussion relating to an item on this agenda may be delayed at any time.

Minutes of this meeting will be produced in summary format. Please provide the Commission administrative support with electronic or written copies of testimony and visual presentations if you wish to have complete versions included as exhibits with the minutes.

1. Roll Call & Welcome:

Molly Walt (MW), Chair

- Members: David Nichols, Rachel Jelenic, Molly Walt, Justin Lester Hansen, Deidre Hillyard-Manley
- Staff: Cheryl Dinnell (ED), Lisa Torres, Carole Hanley
- Guest: Charles Duarte, Tori Diego, Jana Borden, Yazmin Orozco, Annemarie Culp, Barbara W., Sara Batey, Carol Chapman, Charae Wamsley-Gipson

2. Public Comment: (No action may be taken upon a matter raised under public comment period unless the matter itself has been specifically included on an agenda as an action item. Comments will be limited to five minutes per person. Persons making comment will be asked to begin by stating their name for the record and to spell their last name and provide the secretary with written comments.)

Molly Walt, Chair

- No public comment made

3. Review and Approve Draft Minutes from April 18, 2022, Nevada Lifespan Respite Care Coalition (NLRCC) meeting (For Possible Action):

Molly Walt, Chair

- Rachel Jelenic motion to approve the minutes

- Justin Lester second the motion
- All approved

4. Review, Discuss and Approval of Recommendations from Directors Report (For Possible Action)

Cheryl Dinnell, Executive Director (ED)

- Still have vacancies on the NLRCC board.
- Still holding community respite bi-monthly meetings.
- Need to continually add new content to websites and social media sites.
- Unexpected delays with the social media one-minute video in development but are still moving forward with it.
- Cheryl has been representing NLRCC at national and state meetings.
- Cheryl will be attending the ARCH Conference in September 2022.
- Request to grant the Chair and/or Executive Director specific powers to act on behalf of NLRCC to respond to or provide recommendations on actions that could impact family caregivers.
- Workgroups needed to work on specific recommendations for inclusion in the State Plan development.
- Motion to have NLRCC Board grant powers to the Chair/Executive Director to act on recommendations or positional statements, letters of support and other timely requests for response and actions that tie into already established goals, responsibilities, priorities, and positions. (Read by ED) (Moved to motion by MW)
- David Nichols motioned to approve the recommendation, Justin Hanson second the motion, All approved.
- Motion for approval to add the language from the previous motion to the NLRCC Bylaws.
- Rachel Jelenic motion to approve, David Nichols seconded the motion, all approved.

5. Presentation and Discussion on Personal Care Aide (PCA) Services Regard the Populations and Agencies they serve

Chuck Duarte, Nevada Director of Advocacy and Public Policy, Alzheimer's Association

- Approximately 6 million people living with Alzheimer's or dementia in US.
- 11 million unpaid care givers in America valued at \$256.7 billion.
- Alzheimer's disease deaths have increased 145%.
- Alzheimer's disease affects gender and ethnic groups differently.
- Nevada has the third fastest growth in population of people with Alzheimer's.
- Alzheimer's is the most expensive disease.
- Nevada will need a 267% increase in geriatricians by 2050.
- Recommendation to review the [Guinn-Center-Helping-Hands-PCAs-Nevada.pdf \(guinncenter.org\)](#) was made.

- Nevada is ranked 1st in increase of senior citizens, prompting the need for additional PCA's. Demand outstrips supply and creates a Care gap.
- Other states have Family Caregiver Waivers that Nevada could adopt to strengthen families through support, training & pay as caregivers.
- Personal Care Policy Initiatives on workforce shortages, Medicaid rates & coverage, career path for direct care workers, competitive employment.
- It is not likely we will see an increase in Medicaid reimbursement rates.
- The average PCA makes \$11.00 an hour, the average respite caregiver makes \$9.75. Equalizing rates for respite needed.
- Medicaid reimbursement rates are \$17.00-\$18.50 hourly, unchanged for decade or more. Governor suggested flat budgets for next 2 years.
- Skilled by unskilled allows a trained PCA signed off by healthcare professional to perform some types of services. NRS 629.091
- Creating PCA career path with specialized training where Medicaid has tiered payments commensurate with the range of services in NRS.
- Colorado may have ability to get training to family and friends, around certain skills required to provide respite, waived from the nurse practice act.
- Two ways to hire family members. Either an PCA agency (who assumes all liabilities & requires training) hires them, or the Intermediary Service Organization (ISO) is the employer of record and issues a 1099 for workers' wages.
- The Alzheimer's Association has a 24/7 helpline 800-272-3900 or go to the website alz.org. Contact information for Charles Duarte 639 Isbell Rd #240, Reno NV. 89509 or (775) 241-1501, ex. 1234.

6. Presentation on the Foundation Assisting Seniors:

Carol Chapman, President, Foundation Assisting Seniors

- This twenty-year-old 501(c)(3) loans out durable medical equipment to people who need it in the Las Vegas area. Canes to hospital beds loaned for 90 days for free. Any equipment that is power operated will require a prescription.
- To qualify you need to be a veteran or 50 years old or older.
- A separate program provides light home maintenance, that includes changing lightbulbs, air filters, lubricate garage doors and other small tasks. All are volunteers and services are free.
- The "How Are You?" program is nationwide. Participants receive a call at 6:00am in the morning, if they answer the phone and press the #5 the system is notified the person is alright. If they do not answer, they will get two other call backs in that day. If none of the calls are answered, a supervisor will make a live call; if they still don't get an answer then a wellness check will be requested. It's a free service.
- Families can sign up their loved ones. Over 360,000 Nevada clients total have been served (approximately 30,000 each year).

- Hours of operation are Monday thru Friday 9:00am – 12:00pm, with deliveries between 8:00am-1:00pm.
- Translations services are provided by COX.
- www.foundationassistingseniors.org for more information or email president@foundationassistingseniors.org.

7. Presentation on Nevada Rural Counties Programs and Services, Retired and Senior Volunteer Program (RSVP)

Molly Walt, Chief Executive Officer, Nevada Rural Counties RSVP

- After 50-years this 501(c)(3) has up to 11 programs, depending on the county they are in.
- These help seniors and people with disabilities live independently.
- Transportation program is the most popular. Drivers become extended family.
- Home companionship spends time with the seniors and more. All programs emphasize companionship as part of the services.
- Respite Care Providers are paid & matched with clients with 2-4 hours a week.
- Homemaker service workers are paid and provide several chores services. This popular service has a waitlist.
- CARE Law services available, pro bono, for estate planning, guardianship, Medicare/Medicaid, and elder abuse.
- Volunteer Stations provide volunteers for a variety of services. Largest one is for Veterans Memorials. Mileage reimbursement is provided.
- Guardian 911 Alert Plus & Philips Lifeline are emergency response systems that RSVP offers.
- Farmers Market Coupons are distributed to low-income seniors. Worth \$45 for purchases at local farmers' markets.
- "Friends Day Out" Java Music Club is back in person in some counties (after COVID) where RSVP has found a venue to hold it at.
- "Good Neighbor" program conducts check-in-calls and other services depending on location. All volunteers are trained and are mandatory reporters. Volunteers also provide regular in-person visits.
- RSVP will be taking over the Nevada Ensures Support Together (NEST) Collaborative and all its programs, as of July 1st, statewide.

8. Lifespan Respite Updates:

Yazmin Orozco, Lifespan Respite Program Coordinator, Aging and Disability Service Division (ADSD)

- Still have some emergency respite funds from November 2021 funding. Additional funding of \$45K for emergency will be split between Southern & Northern Nevada, starting June 1st.
- 41 Family caregivers have received emergency respite assistance.
- ADSD & Community & State Partners working on standard satisfaction survey for use statewide. This data will be included in the ADSD Caregivers in Nevada report. This survey is available at [Caregiver Respite Satisfaction Survey \(office.com\)](https://www.adsd.nv.gov/caregiver-respite-satisfaction-survey).

- Recruiting efforts for respite workforce are being explored through respite training pilot project. Launched training in February 2022.
- 38 people have enrolled in the respite training pilot program; 11 have completed all 10 courses. This is a free training for future respite care workers.

9. Members Spotlight:

Cheryl Dinnell, Executive Director

- Molly Walt & David Nichols were spotlighted this meeting, spotlights were included in meeting materials regarding all the ways they help in our communities.

10. Discuss Tentative Agenda Items for August 15, 2022, meeting:

Cheryl Dinnell, Executive Director

- Presentations focusing on services and supports for children to fill our lifespan understanding of family caregivers.

11. Public Comment: (No action may be taken upon a matter raised under public comment period unless the matter itself has been specifically included on an agenda as an action item. Comments will be limited to five minutes per person. Persons making comment will be asked to begin by stating their name for the record and to spell their last name and provide the secretary with written comments):

Molly Walt, Chair

- Welcome to Annemarie Culp with ASD working with the Lifespan Respite grants and Lisa Torres who is over the ASD Boards and Commissions.

12. Adjournment: 12:02pm

Molly Walt, Chair

Meeting Materials:

Note:

Notice of this meeting was posted at the following Aging and Disability Services Office at 3208 Goni Road, Building I Suite 181, Carson City, NV. 89706. Notice of this meeting was posted on the Internet through the Nevada Aging and Disability Services Division website at adsd.nv.gov. and Nevada Public Notices website at <https://notice.nv.gov>. Supporting public material provided to Commission members for this meeting may be requested from Carole Hanley, Commission Administrative Support, ASD at (702)486-9765 and is/will be available at the meeting locations and ASD website at adsd.nv.gov.